



**KENTUCKY STATE
UNIVERSITY**

KSU BASIC NEEDS PROVISION

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KSU BRED Basket

BRED Basket Vision

To improve the health and well-being of our Scholars by providing reliable access to nutritious food in welcoming environments through the generosity of volunteers, individuals, and community partnerships.

It's not the lack of resources that causes failure. It's the lack of resourcefulness. Things happen in life, and even more importantly things happen during your journey as a student. Oftentimes, as a student, you do not always know where to go to get the help you need. You may be aware of the resources on campus that include financial aid, tutoring, and academic advising but, what about the things that affect you outside of your academic challenges? Family Scholar House has partnered with KYSU to provide resources students can utilize on their path to success. Here are opportunities available to you at no cost with Family Scholar House: Emergency Assistance, Advocacy Support, Success Coaching, Health & Wellness Coaching, Career Coaching, & Technology Assistance. In addition to resource finding, there is a pantry (known as the BRED Basket) located in the Student Center. The pantry has nonperishable/quick-cook food, as well as household and toiletry items available to all students. A list of frequently supplied items is listed below:

Food items

Cans of soup

Tuna pouches

canned chicken

canned vegetables

microwavable popcorn

cereal

shelf stable milk

Assorted chips

Fruit cups

Cans of ravioli/SpaghettiO's

Easy Mac and Cheese

Ramen noodles

Water flavor packets

Bottled water

Peanut Butter/ Alternative nut butters

Jelly

(other non perishable foods)

Basic Necessities

Soap

Shampoo

Conditioner

Toothpaste

Toothbrush

Lotion

Deodorant

Feminine hygiene products

Laundry detergent

Dryer sheets

Baby wipes

Hand sanitizer